ambulance/need advice

Pediatric medical dial

Multilingual medical

questionnaire

Unsure whether to call

**L** #7119

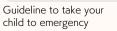
**L** #8000

## Know hospitals near where you live before you become ill.

Hospitals in Kamakura



Kodomo QQ Kids Emergency







23 languages by NPO International Community Hea Konandai and Kanagawa International







Emergency

Assistance Japan

ENG

## Emergency hospitals/ out of hours medical treatment

Shonan Kamakura General Hospital (24H/general)

0467-46-1717



Kamakura oral health center (emergency dental care)

0467-47-8119



Out of hours 0467-22-7888 treatment center (internal medicine/pediatrics \*depends on day)



Fujisawa City Hospital 0466-25-3111 (24H/general and pediatrics (severe symptoms)



## Going to a doctor

You need to choose medical specialty to go to (ex. dermatologist, ears/nose/throat, orthopedics)



You can ask AMDA medical information center for advice when not sure.





Make appointment

Many clinics require appointments, however, there are clinics that will see you according to order

Go to reception

If you do not speak Japanese, you can get medical interpretation support from MIC Kanagawa. (Ask your hospital first.) → P14

Doctor will see you.

Receive treatment/medicine and pay the fee.

[ Inside-hospital prescription 院内処方 ] Receive prescription medicine within the hospital/clinic.

[ Outside-hospital prescription 院外処方] Receive prescription medicine outside hospital/clinic. Take the prescription to pharmacy or drugstore nearby to receive medicine. (Many are adjacent to the clinic.)

## What to take to hospital/clinic

Health Insurance card

\*You will need to pay in full if you don't have the insurance card.

Medical certificate(医療証)

 $\mathsf{Cash}$ 

Medicine booklet (お薬手帳)

\*Hand in your medicine booklet (record of medications) when receiving medicine. If you don't have it, they will give you one.

Multilingual medicines booklet



## Medical system and subsidies

Health Insurance System



Medical expense subsidies Covered by city. Register to receive certificate.



Medical Subsidy for Children shoni iryo-hi josei seido 小児医療費助成制度

こども家庭相談課 0467-61-3896



\*if the child is born in Kamakura, no formalities required.

People with disabilities

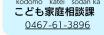
Medical Subsidy for People with Disabilities 障害者医療費助成制度

障害福祉課



Medical Subsidy for







# Adult health checkups (over 20s) and vaccinations

Health checkups are partially covered by the local government. Kamakura City hall will send you a letter if applicable.

Adult health checks

seijin-kenko shinsa 成人健康診査



Vaccinations

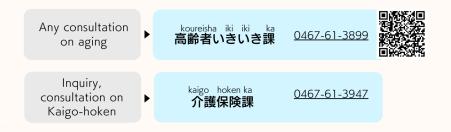
yobo-sesshu 予防接種





# Aging: You and your family member

Worried if you can keep living alone? Want to ask someone about it? Need to know about/use Kaigo-Hoken (long-term care insurance for the aged)? →Ask for Kamakura's system and services.



There is Kaigo-hoken system in Japan, a system to support the elderly.



"KAIGO HOKEN"(by Aichi pref.)









## Tax and Pension

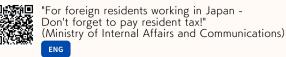
You will receive paperwork to pay tax.





National Tax Agency JAPAN





There are "National Pension" (国民年金) and "Welfare Pension (厚生年金) in Japanese pension system.

> 保険年金課 Inquiries 0467-61-3963



About Japanese pension system (Japan Pension Service)





