Enjoy your life in Kamakura!



There are lots of stores and banks around Kamakura and Ofuna station.

You can buy fresh local vegetables at "Renbai" farmers' market near Kamakura station.

Parks

Libraries

Sports facilities

Beaches

Morning markets for seafood and vegetables

Kamakura City Hall 0467-23-3000

[EMERGENCY]

110 POLICE

119 AMBULANCE・FIRE

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まるまーる MarMar

PDF files available in English and plain Japanese

LIFE IN KAMAKURA

GENERAL INFORMATION GUIDE

[ENGLISH]

- History, Culture and Events
- Nature
- Community - "Jichi-kai, Chonai-kai"
- Language

P1

- Formalities
- Electricity, Water, Gas
- Garbage
- Work
- Driving, Transportation

P3

- Illnesses/ Hospitals
- Aging
- Tax and Pension

P5

- Having a baby/Raising a child (Boshi-techo, support and formalities)

P7

- Education (nursery, kindergarten and schools)

P8

- Disaster prevention (earthquakes, typhoons)

P11

- When you need help
- Consultation and information for foreign nationals

P13

Language symbols of the listed websites. (No symbol : Information available only in standard Japanese.)

ENG English
CHN 中文(Chinese)
KOR 한국・조선어(Korean)
SPA Español(Spanish)
POR Português(Portuguese)
THAI ภาษาไทย(Thai)
NEP नेपाली(Nepali)
TAG Tagalog(Filipino)
VIET Tiếng Việt(Vietnamese)
IND Bahasa Indonesia(Indonesian)
KHM ភាសាខ្មែរ(Khmer)
MON Монгол(Mongolian)
MYA မြန်မာဘာသာ(Burmese)
SIN සිංහල(Sinhala)
LAO ພາສາລາວ(Lao)
FRA Français(French)
RUS русский язык (Russian)
UKR українська мова (Ukrainian)
URD اردو(Urdu)
やさ日 Plain Japanese

Welcome !

Kamakura is aiming to create a city where “people respect and recognize diversity, and live comfortably as they are.”
This guidebook has been made for non-Japanese speaking residents and those who are studying Japanese.

Ordinance aiming a community coexistent society

This guidebook contains QR codes not official to the Kamakura City.
Please be advised that information may be subject to change and may require confirmation.
You can get support from "Multilingual Support Center Kanagawa" for assistance. (P14)

Register to automatically receive free information

Official LINE of Kamakura
Receive information and news from the city hall.

Disaster prevention/ safety information email
See P12 for details

History, Culture and Events

There are many festivals called “matsuri”.
You can go to any matsuris at temples/shrines regardless of religion.

Kamakura Tourist Information

Kamakura Tourist Information (festivals/matsuri)

"Kamakura" (Japan Guide) ENG

Nature

Beach

Jellyfish



Bluebottle



DO NOT TOUCH. They are dangerous.

Mountains

There are many nature tracks to enjoy.

"Hiking in Kamakura" ENG CHN KOR

Schedule and prepare before you walk.
Slopes and tracks may be slippery.

There are only few rest areas/bathrooms.
(They may be old. Bring tissues.)

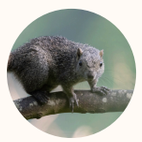
Watch out for wild animals and insects!

Hawks



They aim your food from the sky!

Squirrels



Please do not feed the wild.

Masked palm civets



Snakes



Wasps



Centipedes*



"7 Bugs Lurking in Japanese countryside" (All About Japan) ENG

*They will sting you and can be dangerous.
See a doctor in case you get stung. → P5

Community - "Jichi-kai, Chonai-kai"

"Jichi-kai" (自治会) and "Chonai-kai" (町内会) are groups of neighborhood residents. They have various activities to improve the community. You will get to know your neighbors more and receive local information when you join.
There are also things to do as a member ("Tou-ban").

Pay small annual fee to join. They differ by jichikai and chonaikai.

If you don’t know which jichikai you belong to, ask the city hall.
地域のつながり課 (Chiiki no tsunagari ka)
0467-23-3000(ext.2311)

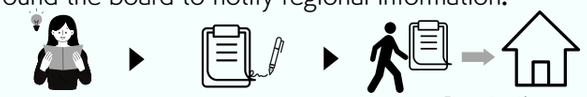
What the Jichi-kai/Chonai-kai do (depends on residential area)

Safety

- Neighborhood patrol.
- Prepare for natural disasters like earthquake and typhoon. → P14 Disaster prevention
- Take turns cleaning the clean station. → P3 Garbage

Notify Information

"Kairan-ban" (回覧板 circular bulletin board) :
Pass around the board to notify regional information.



Read. sign your name or stamp your hanko.

Pass to the next person (usually next door)

"Keiji-ban" (掲示板 information board):
Postings of regional events and other information.



Gatherings

"Jichi-kaikain"(自治会館), "Chonai-kaikan"(町内会館) are community centers/halls.
"Kodomokai" (子ども会) is local childrens’ organization to host events.





Communication with neighbors is important.
When you move in, it’s customary to ring the bell and say hello to your neighbors and get to know them.
Good relationship with neighbors will help in times of disaster.

Language

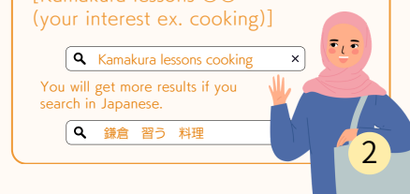
Nihongo COSMOS(Kamakura) ENG

NHK World Japan for learners ENG (Different programs have different languages)

Kanagawa Japanese lessons map
(Website with multilingual translation system)

"TSUNAHIRO" Connect and Enhance Your Life in Japanese (Agency for Cultural Affairs)
ENG CHN KOR SPA POR VIET TAG THAI NEP IND KHM MON MYA RUS FRA UKR

It’s good to take lessons to learn Japanese and make new friends.
When searching, use key words like [Kamakura lessons ○○ (your interest ex. cooking)]



Formalities

When you don't know what/where to do your formalities/paperwork
市民相談課 (Shimin soudan ka)
0467-61-3864

Kamakura City website

BE SURE TO GO

Submit documents at the city hall for following occasions.

Some documents are downloadable and can be submitted online.

The city hall has translation app if you're not confident in your Japanese.

Moving in ▸ **Transfer Notification** (転入届 tennyu-todoke) / **Foreign Resident Registration** (外国人登録 gaikokujin touroku)

Certificate of Residence(住民票 jumin hyo) will be made, which is necessary for various procedures. If you have children, there are other procedures to follow.

Dogs, pets ▸ kankyo-hozenka 環境保全課

"The Do's and Don'ts of Pet Ownership in Japan"(Guidable) ENG

Pregnancy	Birth of baby	Getting married	Getting divorced	Death of family member	"My number" card
Pregnancy notification ninshin todoke 妊娠届	Birth registration shussho todoke 出生届	Marriage registration konin todoke 婚姻届	Divorce registration rikon todoke 離婚届	Death notification shibo todoke 死亡届	Application for "my number" card my number card マイナンバーカード moushikomi sho 申込書

Electricity, Water, Gas

Electricity	Electricity Company	Water	Waterworks 0570-005959
Gas	Gas supplier	Mail	Post office

There is "Toshi-gas"(city gas) and "propane gas" depending on where you live.

Hand in "transfer notification"(Tenkyo-todoke) to have mails re-directed to your new address for 1 year.

You can do all your formalities on website "Hikkoshi-renrakuchou" (moving notes)

"Hikkoshi-renrakucho" for electricity, water, gas, and internet

Garbage

There are rules for when, where, and how to take out trash.

Place and days of trash

Sorting trash ENG

Trash that are too big and out of size have different rules.

Request by phone or online.

Get them picked up from your home ▸ Call Center 0467-53-8321

There are fees.

Work

You can work according to your residency status. Ask if not sure.

Foreign Resident General Information Center
0570-013904

Website in over 100 languages

You can call them in
ENG CHN KOR SPA POR VIET THAI NEP MYA SIN

Finding Work

Hellowork

Helps to find work. Run by the government. (Free)

ENG CHN KOR

Interpreters available in;
ENG CHN SPA POR

Kamakura Worker's Station

Website to find work in Kamakura. Run by the city. (Free)

Posters

Shops may have positions posted on windows.
It has notes of 「求人」 kyujin 「募集」 boshu.
Ask staff if you are interested.

Starting business

Kamakura Chamber of Commerce

You can get advice to start your business.

0467-23-2561

Driving

Learn to drive a car/Get a license→ Go to a driving school (教習所 kyoshu jo)

Kamakura driving school	Smart Driver School (Fujisawa)	Koyama Driving School
045-851-5177	0466-29-2030	045-531-6461 ENG CHN SPA
	Provisional license written exam in foreign languages available.	English and Chinese classes available

Getting international driver's license/switching foreign licence

Switching from foreign license ENG CHN KOR ▸ **Go to a driver's license center for procedures. You need to apply via phone.** 045-365-6000

International driver's license ENG CHN KOR

Questions and explanations via phone calls:
If you do not speak Japanese, please call with someone who can support you.

Interpreter → P14

Transportation

In Japan, people often use trains, buses, and bicycles.

"Public Transportation in Japan"(Japan Living Guide) ENG

"Cycling in Japan: Bicycle Rules & Regulations" (Japan Living Guide) ENG

Koutsuu Koen (bicycle training tracks) (in Tsujido Kaihin Koen)
(You can borrow a bicycle to practice for free.)

Illnesses/ Hospitals

Ambulance 119

Unsure whether to calll ambulance/need advice #7119

Pediatric medical dial #8000

Know hospitals near where you live before you become ill.

Hospitals in Kamakura

Kodomo QQ Kids Emergency

Guideline to take your child to emergency

ENG CHN

Multilingual medical questionnaire

23 languages

by NPO International Community Hearty Konandai and Kanagawa International Foundation

"Guide for when you are feeling ill" (JNTO)

ENG CHN KOR

Emergency Assistance Japan

ENG

Emergency hospitals/ out of hours medical treatment

Shonan Kamakura General Hospital 0467-46-1717
(24H/general)
ENG CHN

Kamakura oral health center 0467-47-8119
(emergency dental care)

Out of hours treatment center 0467-22-7888
(internal medicine/pediatrics *depends on day)

Fujisawa City Hospital 0466-25-3111
(24H/general and pediatrics (severe symptoms)

Going to a doctor

1. **You need to choose medical specialty to go to (ex. dermatologist, ears/nose/throat, orthopedics)**

You can ask AMDA medical information center for advice when not sure.

ENG CHN KOR SPA POR VIET TAG THAI

2. **Make appointment** Many clinics require appointments, however, there are clinics that will see you according to order of arrival.
3. **Go to reception** If you do not speak Japanese, you can get medical interpretation support from MIC Kanagawa. (Ask your hospital first.) → P14
4. **Doctor will see you.**
5. **Receive treatment/medicine and pay the fee.** [Inside-hospital prescription 院内処方 (in nai-shoho)] Receive prescription medicine within the hospital/clinic.
[Outside-hospital prescription 院外処方 (in gai-shoho)] Receive prescription medicine outside hospital/clinic.
Take the prescription to pharmacy or drugstore nearby to receive medicine. (Many are adjacent to the clinic.)

What to take to hospital/clinic

1. **Health Insurance card**
*You will need to pay in full if you don't have the insurance card.
2. **Medical certificate(医療証)** (iryo-sho)
3. **Cash**
4. **Medicine booklet (お薬手帳)** (o kusuri techo)
*Hand in your medicine booklet (record of medications) when receiving medicine. If you don't have it, they will give you one.

Multilingual medicines booklet (with charge)

Medical system and subsidies

Health Insurance System ENG and other 27 languages

Medical expense subsidies Covered by city. Register to receive certificate.

Children
Medical Subsidy for Children
shoni iryo-hi josei seido
小児医療費助成制度
kodomo mirai ka こどもみらい課 0467-61-3896
*if the child is born in Kamakura, no formalities required.

People with disabilities
Medical Subsidy for People with Disabilities
shogaisha iryo-hi josei seido
障害者医療費助成制度
shogai fukushi ka 障害福祉課 0467-61-3975

Single parent
Medical Subsidy for Single Parent Family
hitori oya katei iryo-hi josei seido
ひとり親家庭医療費助成制度
kodomo mirai ka こどもみらい課 0467-61-3896

Adult health checkups (over 20s) and vaccinations

Health checkups are partially covered by the local government.
Kamakura City will send you a letter if applicable.

Adult health checks — seijin-kenko shinsa 成人健康診査

Vaccinations — yobo-sesshu 予防接種

Aging: You and your family member

Worried if you can keep living alone? Want to ask someone about it?
Need to know about/use Kaigo-Hoken (long-term care insurance for the aged) ?
→Ask for Kamakura's system and services.

Any consultation on aging ▸ koureisha shien ka 高齢者支援課 0467-61-3899

Inquiry, consultation on Kaigo-hoken ▸ kaigo hoken ka 介護保険課 0467-61-3947

There is Kaigo-hoken system in Japan, a system to support the elderly.

"KAIGO HOKEN"(by Aichi pref.)
ENG CHN KOR POR TAG

Tax and Pension

You will receive paperwork to pay tax.

Inquiries ▸ nozei ka 納税課 0467-61-3911

National Tax Agency JAPAN
ENG

"For foreign residents working in Japan - Don't forget to pay resident tax!" (Ministry of Internal Affairs and Communications)
ENG

There are "National Pension" (国民年金 kokumin nenkin) and "Welfare Pension (厚生年金 kousei nenkin) in Japanese pension system.

Inquiries ▸ hoken nenkin ka 保険年金課 0467-61-3963

About Japanese pension system (Japan Pension Service)
ENG CHN KOR SPA POR VIET TAG THAI NEP IND KHM MON MYA RUS やさ日

Having a baby/ Raising a child

When you don't know what to do /where to ask

こども家庭相談課 (Kodomo katei sodan ka) 0467-61-3944

Obstetrics and gynecology in Kamakura

Shonan Kamakura General Hospital 0467-46-1717 ENG CHN

Yanaihara Clinic for Women 0467-44-1188

Pregnancy

BE SURE TO GO

Go to hospital (Obstetrics & Gynecology)

When you find out you're pregnant, choose a hospital to have regular checkups and deliver the baby (partially covered by the local government).
Receive "hojoken"(coupon) with your "Boshi-kenko techo"(a record of pregnancy and your baby).

Hand in "Ninshin-todoke" (妊娠届 a pregnancy notification) and receive "Boshi-kenko techo" (母子健康手帳 pregnancy record and "hojoken" (補助券 coupon).

kodomo katei sodan ka
こども家庭相談課

IMPORTANT

"Boshi-kenko techo" is an important record of your journey throughout pregnancy and of your baby. Health status as well as vaccinations are recorded.

Foreign language Boshi-kenko techo is available (babies born overseas will receive them too).

•Do not lose or throw away your Boshi-kenko techo.

Parenting in Japan
From pregnancy to elementary school
(Kanagawa International Foundation)
ENG CHN KOR SPA POR VIET TAG THAI NEP IND やさ日

Information by ages of your child
(NPO MarMar)
ENG やさ日

Call your hospital when you are in labor

If you plan to use taxi when in labor, register for labor taxi when you become pregnant.

Enoshima taxi ENG
0466-27-0806

ZushiKikuchi taxi
(Highland area)
046-871-2117

Wakou-Koutsu
(Koshigoe, western Kamakura area)
0466-23-5170

Royal-Koutsu
(Around Ofuna station)
0120-43-1245

Birth of baby

BE SURE TO GO

Hand in Birth Registration (出生届 Shussho-todoke)

shimin ka shisho
市民課・支所

Important things to do at city hall for your baby
(Kanagawa International Foundation)
ENG CHN KOR SPA POR VIET TAG THAI NEP IND やさ日

Childbirth and childcare lump sum allowance (出産育児一時金 shussan ikuji ichijikin)

hoken nenkin ka
保険年金課
0467-61-3607

Health insurance does not cover pregnancy and delivery. You will receive this allowance instead.

Public health nurse visits your home

Public health nurse visits your home to assess you and your baby.

Baby health checks/Mom classes available

Details written in Boshi-kenko techo.

Infertility treatment

Yanaihara Women"s Clinic 0467-50-0112 ENG

kodomo katei sodan ka
こども家庭相談課 0467-61-3944

Subsidy available for some infertility treatments.

Unwanted pregnancy

Consult for help

Ninshin (pregnancy) SOS Kanagawa

Consultation also available via LINE

Helpful information

Kamakura child rearing information"Kira-Kira""
Information on hospitals, parks, nurseries and support centers.

NPO Marmar
Support group for parenting of diverse families. There are events/gatherings .
Speaks plain Japanese, English, and Portuguese. ENG やさ日

Kanagawa International Foundation
Resources in many languages available on pregnancy, labor, and raising children
ENG CHN KOR SPA POR VIET TAG THAI NEP IND やさ日

Want to learn about pregnancy and baby → Various lectures
kodomo katei sodan ka
こども家庭相談課
0467-61-3944

Need help at home and with parenting → After birth care & support
Moms can rest, receive help and advice

Troubles with breastfeeding → Advice from midwives & professionals
You can also ask your birthing hospital for advice.
Kamakura Josanshi-kai (Midwives group)

Want to order meals → Food delivery service
Available within 30 days post delivery. Apply to receive 30 tickets worth 500yen
kodomo katei sodan ka
こども家庭相談課
0467-61-3944

Need help shopping and cleaning → Help at home
Family Support Center ENG
0467-38-8723

Need a place to look after your child → Temporary nursery at nursery/ kindergarten (only when necessary)

Sick child nursery (byoji-hoiku 病児保育)
Nursery when child is sick. Registration necessary.
Register before falling ill (while healthy) to be able to use the system.

Public hoikuen : register at city hall
hoiku youchien ka
保育・幼稚園課
0467-61-3894
Private youchien/hoikuen: call directly to register

Worried about growth and development → Consult a professional
hattatsu shien shitsu
発達支援室
0467-23-5130

Looking for places to play with your child → kosodate shien center 子育て支援センター (child-rearing support center)
Indoor play areas (4 in Kamakura) for babies and toddlers

Want to make friends → Childcare support groups
Contact groups directly.

Single parent → Support and subsidies
kodomo mirai ka
こどもみらい課
0467-61-3896

Language to choose in raising your child → Expert advice
Bilingual/Multilingual Child Network

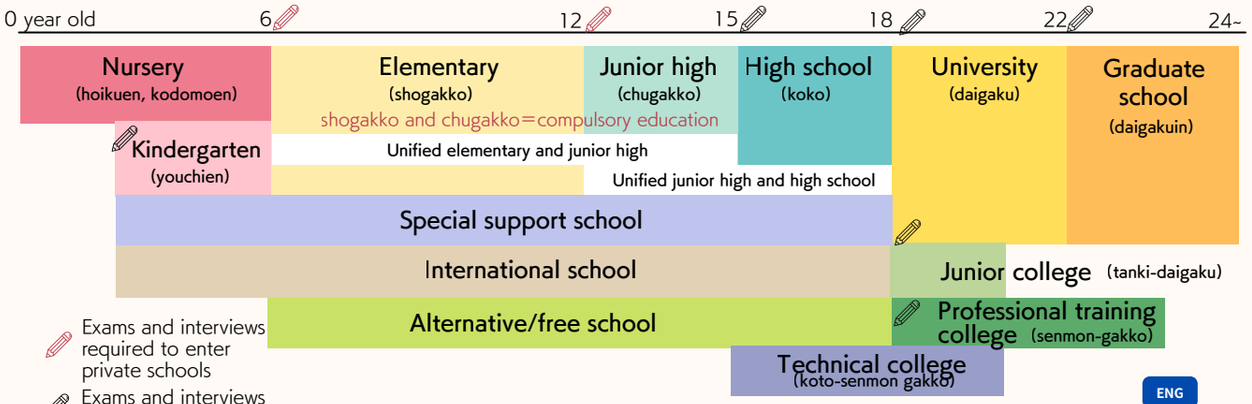
Education

When you don't know what to do /where to ask

学務課 (Gakumu ka) 0467-61-3796 Also check the list on P10.

Children must go to school when they are 6-15 years old (compulsory education).

Contact city hall if your child is a foreign national.



Exams and interviews required to enter private schools

Exams and interviews required for basically all students

Not all international schools and free schools are approved as Japanese compulsory educational facilities. (You will not receive graduation qualification. Please confirm school.)

ENG "Education" (MEXT)

0-6 yo

	Students	Where to ask/apply
Nursery (Hoikuen)	0-6 yo both parents working	hoiku・youchien ka 保育・幼稚園課
Nursery (Kodomoen)	1-6 yo	Directly to kodomoen
Kindergarten (Youchien)	2-6 yo	Directly to youchien

There is medical expenses subsidy system for children.→ P5

Hoikuen

Kodomoen, Youchien

6-15 yo

	Students
Shogakko (elementary school)	6-12 yo
Chugakko (junior high school)	12-15 yo

There are public and private schools.

Public schools:
School chosen by address. There is no entrance exam.

Private schools:
Private schools require you to pass the entrance exam.

Public elementary and junior high schools

- Public schools are free, but you will need to pay fees such as lunch, field trips, and school supplies.
- There is school lunch (kyushoku 給食) at public elementary/junior high schools. You can also apply to bring your own lunch.
- Consult school/Board of Education for allergies.
- If you need to move, you may need to change schools. Contact your school first.
- The city will send you "Medical Examination in Attending School" (shugakuji kenko shindan jushin hyo 就学時健康診断受診票) in September of the year before your child enters elementary school.*
- Your child will attend medical examination during Oct/Nov at the elementary school he/she is to enter. You will then receive "Letter of Admission"(nyugaku tsuchi sho 入学通知書) in January. *

＊Contact the city hall in case you do not receive these documents or letters.

Education System and Learning Japanese-Language (Tokyo Intercultural Portal Site) More than 70 languages

Multilingual information (for foreign national guardians) (Kanagawa International Foundation)
See the bottom of the website for information.
ENG CHN SPA POR VIET TAG NEP RUS UKR

About schools in Japan and events (Kotokoto)
ENG CHN やさ日

Special needs schools/classes

Consult "Gakkou kyouiku-ka" for children with special needs.

gakkou kyouiku ka 学校教育課 0467-61-3812

Alternative School/Free school

A place for children (and parents) not attending school.

Free school Largo 0467-32-3830

NPO Seeds App 045-392-3559

Subsidy: City will partially subsidize alternative schooling. Need to apply. seisyonen ka 青少年課 0467-61-3886

Places for elementary school children after school

		who can go	Fee	Application
kodomo no ie (gakudo) 子どもの家（学童）	Children can play and study at a facility near school with adult supervision.	Elementary school children (both parents working)	Applicable	seisyonen ka 青少年課 0467-61-3886
houkago kodomo hiroba 放課後子どもひろば		Elementary school children	500 yen/year for insurance	

Some children go to "naraigoto" and/or "juku" after school and/or on holidays.
"Naraigoto" are lessons like piano and swimming. "Juku" is cram school.

Places to ask

If you have any concerns about your child at school, contact the school teacher first. Other places to consult are listed below.

Foreign residents education consultation	Kanagawa Earth Plaza	045-896-2972 ENG CHN SPA POR VIET TAG やさ日
About school	gakumu ka, gakumu tanto 学務課学務担当	0467-61-3796
About school lunch	gakumu ka, kyushoku tanto 学務課給食担当	0467-61-3804
About school life	gakkou kyouiku ka 学校教育課	0467-61-3812
About school, home and family (Children can call)	24 hour Childrens' SOS dial	0120-0-78310 0466-81-8111

Other consultations → P13、14

→Disaster prevention

When you don't know what to do /where to ask
総合防災課(Sogo bosai ka) 0467-23-3000

It's about saving our lives!

What may happen when there is a big earthquake/typhoon in Kamakura?

BOSAI KAMAKURA
ENG CHN KOR

	All areas	Close to rivers/sea	Close to mountains	Towns
Earthquake	Big shake, damages to buildings & roads	tsunami	Landslide	Collapsed buildings
Typhoons, heavy rain	Strong wind & heavy rain	High tide/ flooding	Fallen trees	Flooding

Other possibilities?

Damaged house | No electricity | No water (out of water supply) | Damaged roads & train tracks | Shops without products (production& transportation stops)

Unavailable
OUT OF ORDER

Get prepared

NHK NEWS WEB EASY やさ日

Tsunami simulation of Kamakura City (YouTube)

Disaster Prevention Awareness movies (Kanagawa Prefecture)

"Bousai musen" (Emergency community broadcast system/Siren)
Announcements are made from the city.
Contents also available via email(→P12).
There will be siren for tsunami.
Listen to tsunami siren

Evacuation drills
Practice safety measures for disasters like earthquakes.
These drills take place in local communities and schools.

Voluntary disaster prevention organization
During a disaster, government office may not be able to function.
Each Jichi-kai/Chounai-kai (neighborhood/residents' associations) have 自主防災組織 jishu bosai soshiki
(voluntary disaster prevention organization) to help each other out locally.

Before disaster — Be sure to prepare you and your family!

1 Register for disaster prevention/ safety information email (Free)

You will receive warnings, information on evacuation centers, and contents of the bousai-musen (emergency community broadcast system) .
register here

Multilingual Disaster Prevention Information
(Kanagawa International Foundation)
ENG CHN KOR SPA POR VIET TAG THAI NEP IND KHM RUS UKR

2 See the hazard map. Check surroundings of your home. Are there anything dangerous?

Kamakura City disaster prevention information map
"BOSAI Kamakura" on P11 has hazard maps in simple Japanese.

3 Check the location and access to your evacuation center

About evacuation centers

Evacuation centers are opened by the Kamakura City. Anybody can go.

Assess whether you should go to an evacuation center.
You may go before the situation worsens.
Be warned that usual streets may become dangerous.

Think about various situations.
When you are at home, go to the nearest evacuation center. If you are at school or work, follow their evacuation rules. Schools usually provide guidlines for parents.

4 Prepare emergency survival kit and your home organization.

"Disaster Preparedness: Stockpiling and Emergency Food in Japan" (Japan Living Guide)
ENG

"What you can do to prepare"

In case of disaster

1 Protect your own life first.

2 Check your family's safety.

You may not be able to use your mobile.
Use "Saigai-dengon-dial"(disaster message dial").

Dial 171

To record: Press 1 → Dial in your phone number → Press 1 → Record → Press 9.
To listen to recordings: Press 2 → Dial the number of the person that you want to listen to recording of → Press 1 to listen → Press 8 to listen once more, Press 9 to end.

3 Collect information.

There may not be electricity or radio waves. Please help each other.

Multilingual Support Information Website
(Kanagawa International Foundation)
ENG CHN KOR SPA POR VIET TAG THAI NEP IND

Kanagawa Prefecture Disaster Information Portal
ENG CHN KOR SPA POR VIET TAG THAI KHM LAO RUS UKR

Links for Multilingual News & BOSAI Info
20 languages

App "Safety Tips"
ENG CHN KOR SPA POR VIET TAG THAI NEP IND KHM MON MYA

When you need help

Don't worry, you're not alone.
There are places to call for help.

You lost/found something, traffic accidents, incidents	(1) Kamakura Police 0467-23-0110 (2) Ofuna Police 0467-46-0110
Consult a lawyer	Shimin soudan ka 市民相談課 0467-61-3864
Troubles with contracts, products & services	Shouhisha-seikatsu Center 消費者生活センター (consumer affairs center) 188 ENG CHN KOR SPA POR
Money, financial issues, poverty	Inkuru-sodanshitsu インクル相談室 0467-46-2119
Troubles at work	Professional consultations regarding problems/troubles at work Kanagawa-ken Gaikokujin Roudou Soudan 神奈川県外国人労働相談 (Kanagawa prefectural foreign national labor consultation) CHN 045-662-1103 SPA 045-662-1166 POR 046-221-7994 VIET 045-633-2030 Labor conditions and concerns Sangyou ka 産業課 0467-61-3853
Children/family matters	Kodomo-to-katei-no Soudanshitsu こどもと家庭の相談室 (Consultation room for children and families) 0467-23-0630
Women's troubles (marriage, family matters, domestic violence)*	Shimin soudan ka 市民相談課 0467-23-9311
Men's troubles (marriage, family matters, domestic violence)*	Kanagawa-ken Haigu-sha Bouryoku Soudan Shien Center 神奈川県配偶者暴力相談支援センター (Kanagawa prefectural support center for domestic violence from partner) 045-662-4530,4531
Troubles, concerns related to SOGI(Sexual Orientation and Gender Identity)	Kanagawa SOGI Haken soudan かながわSOGI派遣相談 (Dispatched consultation on SOGI) 045-210-3634

* Different counters are organized depending on content of the consultation.

Consultation and infomation for foreign nationals

Daily living	Multilingual Support Center Kanagawa 045-316-2770 ENG CHN KOR SPA POR VIET TAG THAI NEP IND やさ日
Daily living, law	Earth Plaza 045-896-2895 ENG CHN SPA POR VIET NEP やさ日
Human rights	Gaikokugo-jinken-soudan Dial 外国語人権相談ダイヤル ENG (Foreign language human rights consultation dial) 0570-090911 Other languages available for consultation. See their website for details.
Family/work/ discrimination/DV etc	Helpline for foreign nationals 0120-279-338 ENG CHN KOR SPA POR VIET TAG THAI NEP IND
Where to live and contracts	Gaikokujin-Sumai Support Center 外国人すまい サポートセンター 045-228-1752 ENG CHN KOR SPA POR VIET NEP やさ日 You can call in TAG too.
Mental health	tell Japan 03-5774-0992 ENG
Interpreter at hospital (Contact the hospital/ clinic first.)	NPO MIC Kanagawa 045-314-3368 ENG CHN KOR SPA POR VIET TAG THAI KHM LAO RUS FRA やさ日
Volunteer interpreter	Kamakura City volunteer interpreters 0467-61-3872
Interpreter, help in formalities/paperwork	NPO MarMar 050-7103-8723 LINE ID @071nfgvr ENG やさ日
News in plain Japanese	NHK NEWS WEB EASY やさ日
Information for foreign nationals	(1) HELLO Kanagawa (2) Kanagawa community network site ENG CHN KOR SPA POR VIET
Translation app	Voice Tra ENG CHN KOR